

Mac Meadows
President
90 Degree Benefits

Mac Meadows is the President of the Houston office of 90 Degree Benefits, which is a third-party administrator of self-funded benefit plans. Prior to becoming President of the Houston office in 2021, Mac served as 90 Degree Benefits Houston's (formerly Entrust) general counsel for 12 years. While general counsel, Mac's primary focuses included issues relating to general corporate matters, contracts, claims, stop loss, subrogation, hospital contracting, and reference-based pricing product development and support. Mac now oversees all operations and sales for 90 Degree Benefits Houston.

Prior to 90 Degree Benefits, Mac spent four years as an insurance defense litigator for a law firm in Sugar Land, Texas. While working at the firm, Mac represented major insurance companies and their insureds in first-party and third-party lawsuits and pre-lawsuit negotiations. Mac tried 7 solo cases to jury verdicts in Harris County courts and represented insurance companies in numerous arbitrations involving first-party personal injury claims.

Mac graduated from Baylor University with a degree in business journalism in May 2001. Mac then attended the University of Houston Law Center and graduated with a Juris Doctorate in May 2004.